

PROTECT YOURSELF AGAINST CORONAVIRUS

1 | Wash your hands often with soap and water for at least 20 seconds. If soap and water is not available, use alcohol-based hand sanitizer.

2 | Avoid touching your eyes, nose, and mouth with unwashed hands.

3 | Cover your cough and sneeze.

4 | Avoid close contact with people who are sick.

5 | Clean and disinfect frequently touched objects and surfaces.

6 | Stay home when you are sick.